





may use pen and paper because the act of transferring what you've written on paper to the computer adds a step to the editing process.

Does this mean that you should always use one tool or the other? Of course not. Even though I tend to do most of my writing with pen and paper, I still use the computer for some of my primary work.

Lastly, you should now have a better idea of how many words you can get on the page in however long it took you to finish the writing exercise. Also, it is worth noting that you should pay close attention to how long you can write before the need arises to take a break. How long can you sustain your concentration on the page? This will impact how many words you can write in a day.

### **What do you have at the end of this lesson?**

***An understanding of how you write.*** How do you best get your thoughts on the page?

***An understanding of how much you can write.*** If you wrote 75 words in 5 minutes, then you could conceivably write close to 1,000 words in an hour.

***Something to use later on in your own writing.*** Keep what you have written and save it for later. Chances are you have written something worth reading. So use it. Anything that reflects humanity is worth reading. This is what makes writing worth reading.

Anecdote: when creating this course I struggled for several months on how to format this course. I put it off and away, then I would come back to it. It was a source of frustration. Then one day it hit me. How do I teach? How do I create courses and course materials for my students? This was still teaching, wasn't it? Of course, it was. I had forgotten how I teach. Just because it is not the classroom doesn't mean I should teach in a different manner. I didn't hesitate for a moment, once I started to think about this course properly – like I was standing in front of my class – teaching. In the case of writing, you have to figure out how **you** get words on the page.